



Prediction of Progression in Barrett's Esophagus Using a Tissue Systems Pathology Test: A Pooled Analysis of International Multicenter Studies

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Background

- Progression in Barrett's esophagus (BE) without dysplasia (NDBE) is uncommon
- Progression in LGD is variable
 - Heterogeneous pathology interpretation
 - Ablation versus Surveillance

Grade of Dysplasia	Progression to EAC or HGD
No dysplasia (6847 patients)	3.3/1000 p-yr
LGD (2694 patients)	7.6-17.3 /1000 p-yr
HGD (236 patients)	65.8/1000 p-yr

Background

DYSPLASIA grade : SOLE DETERMINANT of Management recommendations

Grade of Dysplasia	Progression rate EAC or HGD	Management
No dysplasia (6847 patients)	3.3/1000 p-yr	Surveillance 3-5 years
LGD (2694 patients)	7.6-17.3 /1000 p-yr	EET OR Q 6-12m surveillance
HGD (236 patients)	65.8/1000 p-yr	EET



Background

Limitations of dysplasia and surveillance

- Risk of progression is variable within dysplasia strata
 - *Dysplasia is not sole risk factor for progression*
- Not cost effective (NDBE)
- Endoscopists are not compliant with recommendations
- Missed dysplasia/EAC : 25-33%

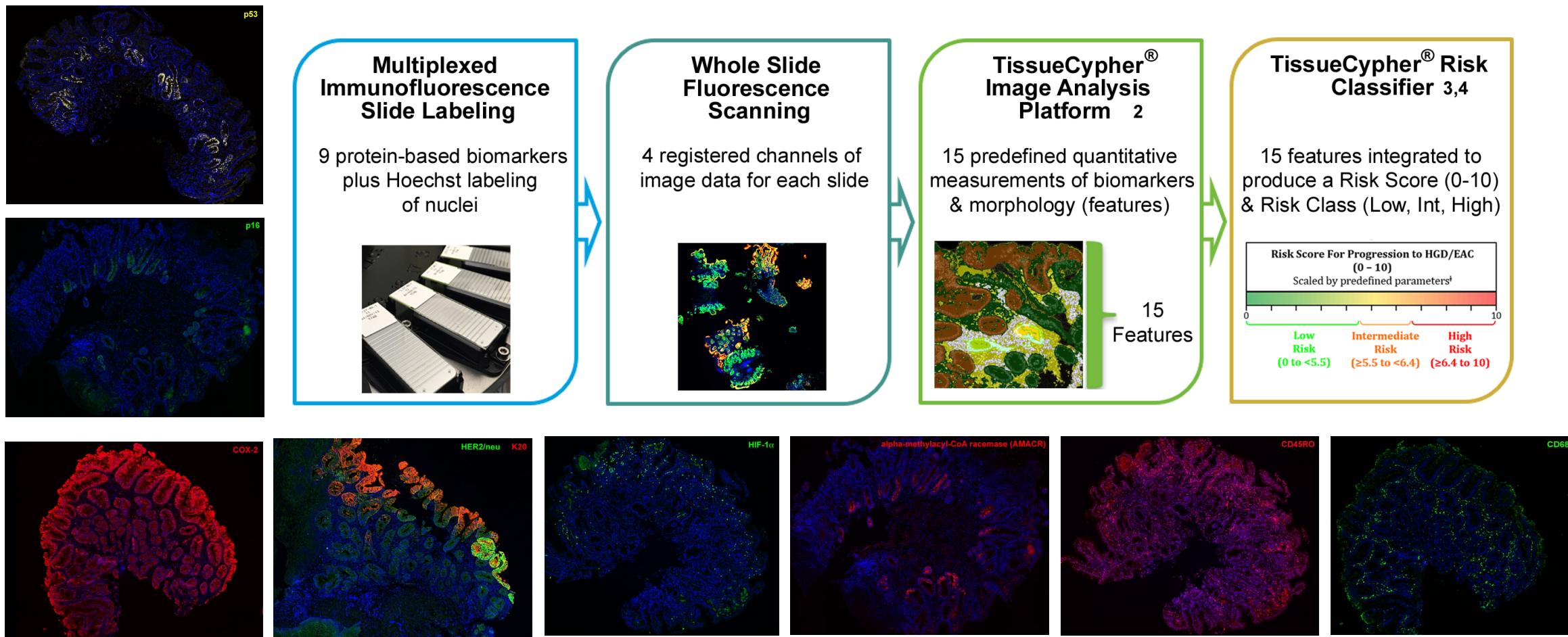
Factor	Hazard ratio (95% C.I.)
Demographics	
Age	1.03 (1.01-1.05)
Male gender	2.16 (1.84-2.53)
Lifestyle	
Smoking	1.47 (1.09–1.98)
Alcohol	1.11 (0.81–1.52)
BMI (per unit)	1.04 (0.93–1.17)
BE characteristics	
LGD (vs. NDBE)	4.25 (2.58–7.00)
Length of BE (per cm)	1.25 (1.16–1.36)
Medications	
NSAIDs	0.72 (0.50–1.04)
Statins	0.48 (0.31–0.73)
PPIs	0.55 (0.32–0.96)

Implications of predicting progression personalized management ?

- Change in management :
 - Low risk : decrease or stop surveillance ?
 - High risk : intensive surveillance or proactive ablation ?
- May make BE management of more efficient and cost effective
 - Targeting surveillance to and preventing EAC in those at highest risk
 - Decreasing costs of ineffective/unnecessary surveillance

TissueCypher® ASSAY

Laboratory-developed test done in a CLIA-certified laboratory performed on FFPE tissue



AIMS

- We aimed to assess the **predictive ability** of a tissue systems pathology test performed on paraffin embedded (FFPE) tissue (TissueCypher[®]) to predict **incident progression** in BE patients without dysplasia (NDBE), indefinite dysplasia (IND) or low grade dysplasia (LGD) by combining **patient level** data from **four independent case-control studies** done in institutions in the USA and Europe.

4 Pooled Studies

4 US Institutions, AMC Netherlands, SURF Trial

Europe (9 sites)

Study	Design	Study Size NDBE,IND,LGD	Comments
<i>Critchley Thorne CEBP 2016</i>	Retrospective Nested Case Control	79 P 287 NP	3 Tier Classifier developed
<i>Davison et al AJG 2020</i>	Retrospective Case Control	58 P 210 NP	3 Tier Classifier validated independent sample
<i>Frei et al CTG 2020</i>	Retrospective Nested Case Control REBUS prospective cohort	38 P 39 NP	3 Tier Classifier Spatial and temporal analysis
<i>Frei et al AJG 2021</i>	Retrospective Cohort study, SURF trial screening cohort	155 patients with community LGD diagnosis	Performance of assay compared to academic pathologists

Methods

- Pooled patient level data
 - Age, sex, BE length, HH, race, initial and confirmed path
- Non-progressors matched to progressors by age and sex
- Incident progression : HGD or EAC > 1 year after initial BE diagnosis
- Multivariable Conditional Logistic Regression
 - Association of TissueCypher^R assay with progression
 - Comparison of model prediction of progression (C statistic)
 - With and without TissueCypher assay results
- Subset analysis : NDBE patients alone

BASELINE CHARACTERISTICS

	Expert Path Diagnosis			
Variable	IND N=29	LGD N=43	NDBE N=403	Total N=475
Mean (SD) Age	60.4 (7.6)	62.8 (11.0)	61.0 (11.1)	61.1 (10.9)
Male Sex (%)	19 (65.5%)	41 (95.3%)	312 (77.4%)	372 (78.3%)
Long segment BE, N (%)	11 (39.3%)	30 (69.8%)	267 (68.1%)	308 (66.5%)
Hiatal Hernia present, N (%)	25 (86.2%)	32 (84.2%)	320 (85.1%)	377 (85.1%)
Progressors, N(%)	9 (31.0%)	31 (72.1%)	112 (27.8%)	152 (32.0%)
TissueCypher® risk score Mean (SD)	4.9 (1.6)	6.1 (1.6)	4.4 (1.8)	4.6 (1.8)
TissueCypher® risk class				
High	5 (17.2%)	22 (51.2%)	51 (12.7%)	78 (16.4%)
Intermediate	4 (13.8%)	8 (18.6%)	49 (12.2%)	61 (12.8%)
Low	20 (69.0%)	13 (30.2%)	303 (75.2%)	336 (70.7%)

Predictors of progression ALL PATIENTS (NDBE+LGD+IND) without Tissuecypher

	OR	95%CI		p value
Age	1.047	0.996	1.102	0.0361
Sex M vs F	3.078	0.773	12.258	0.0554
Expert diagnosis IND vs ND	2.131	0.870	5.223	0.0490
Expert diagnosis LGD vs ND	7.99	3.838	16.654	0.0000
Hiatal hernia Y vs N	0.772	0.419	1.422	0.7968
BE segment length in cm	1.151	1.033	1.282	0.0053

C Statistic = 0.68
(95% CI 0.61, 0.77)

PREDICTORS OF PROGRESSION ALL PATIENTS (NDBE+LGD+IND) WITH TissueCypher

	OR	95%CI		p value
Age	1.028	0.972	1.087	0.1699
Sex M vs F	2.357	0.543	10.227	0.1262
Expert diagnosis IND vs ND	1.870	0.693	5.046	0.1081
Expert diagnosis LGD vs ND	3.496	1.594	7.670	0.0009
Hiatal hernia Y vs N	0.771	0.398	1.493	0.7797
BE segment length in cm	1.135	1.005	1.282	0.0208
Tissuecypher High vs Low	7.809	4.056	15.034	<0.00001
Tissuecypher Intermediate vs Low	1.805	1.006	3.235	0.0238

C Statistic = 0.76

'95% CI 0.68, 0.83)

P < 0.00001

**Likelihood ratio test comparison between
C Statistic of model with vs without
Tissuecypher**

PREDICTION OF PROGRESSION

NDBE patients only without Tissuecypher

	OR	95%CI		p value
Age	1.059	0.996	1.126	0.0341
Sex M vs F	2.377	0.531	10.642	0.1288
Hiatal hernia Y vs N	0.664	0.311	1.420	0.8544
BE Segment length (cm)	1.182	1.035	1.349	0.0067

C Statistic = 0.62
(95% CI 0.52, 0.72)

PREDICTION OF PROGRESSION

NDBE patients only with Tissuecypher

	OR	95%CI		p value
Age	1.037	0.965	1.114	0.1620
Sex M vs F	1.023	0.198	5.289	0.4889
Hiatal hernia Y vs N	0.514	0.214	1.234	0.9318
Segment length in cm	1.152	0.992	1.339	0.0321
Tissuecypher High vs Low	18.07	6.570	49.710	<0.00001
Tissuecypher Intermediate vs Low	1.936	0.929	4.034	0.0388

C Statistic = 0.72
(95% CI 0.62, 0.82)

P < 0.00001
Likelihood ratio test
comparison between C
Statistic of model with vs
without Tissuecypher

Advantages of Tissuecypher Assay

- Can be done on FFPE tissue
- Automated, Quantitative : lack of subjectivity
- Methods and cut off thresholds for risk levels are standardized and set
- Results validated in multiple independent sample sets
- Utility : LGD and NDBE
 - LGD : Ablation is recommended, ?used in borderline cases
 - NDBE

CONCLUSIONS

- Progression rates are low in NDBE, making current surveillance practice inefficient
- Prediction of progression in BE
 - Clinical parameters alone : modest accuracy
 - Addition of validated biomarker panel such as TissueCypher can augment the accuracy of prediction
- Implications
 - Personalize management of BE patients
 - High versus Low risk scores